

МЕЖДУНАРОДНОЕ НАУЧНОЕ ПСИХОФИЗИОЛОГИЧЕСКОЕ СОДРУЖЕСТВО
INTERNATIONAL SCIENTIFIC PSYCHOPHYSIOLOGICAL SOCIETY

ISSN 2587-5558

ПРИЛОЖЕНИЕ

Международного научного журнала «Вестник психофизиологии»

SUPPLEMENT

International scientific journal «Psychophysiology News»

*....«развитие», «самореализация», «самоактуализация», «созидание», «творчество»,
«субъектность» формируют новое понимание целостности человека....*

Зимичев А.М.

1

**НПЦ «ПСН»
Санкт-Петербург**

2019

СОДЕРЖАНИЕ

Голод Н.В. Социальная психофизиология

ФОРМИРОВАНИЕ ЭКОЛОГИЧЕСКОГО МИРОВОЗЗРЕНИЯ У СТУДЕНТОВ
КОЛЛЕДЖА
AN ECOLOGICAL WORLD VIEW FORMATION AMONG STUDENTS OF THE
COLLEGE

Лужнова К. Н., Емельянов В.Д. Медицинская психофизиология

ОРГАНИЗАЦИЯ И МЕТОДЫ ГИГИЕНИЧЕСКОЙ ОЦЕНКИ ПИТАНИЯ ДЕТЕЙ И
ПОДРОСТКОВ С ОГРАНИЧЕННЫМИ ВОЗМОЖНОСТЯМИ ЗДОРОВЬЯ
ORGANIZATION AND METHODS OF HYGIENIC ASSESSMENT OF THE
NUTRITION OF CHILDREN AND TEENAGERS WITH SPECIAL NEEDS

Буркова С.А., Широкова И.В. Психологическая психофизиология

ОСОБЕННОСТИ ТОРМОЗНОГО КОНТРОЛЯ ПЕРВОКЛАССНИКОВ С РАЗНЫМ
УРОВНЕМ ШКОЛЬНОЙ УСПЕВАЕМОСТИ
FEATURES OF BRAKING CONTROL OF FIRST-CLASSES WITH DIFFERENT
LEVEL OF SCHOOL PERFORMANCE

Булгакова О.С. Физиологическая психофизиология

АНАЛИЗ КРОВИ КАК ПОКАЗАТЕЛЬ ПСИХОФИЗИОЛОГИЧЕСКОГО
ФУНКЦИОНАЛЬНОГО СОСТОЯНИЯ
BLOOD AS AN INDICATOR PSYCHOPHYSIOLOGICAL FUNCTIONAL STATE

Варганова А.В. Социальная психофизиология

ПРИОРИТЕТ ФОРМИРОВАНИЯ ЗАЩИТ РАЗНОГО УРОВНЯ ОРГАНИЗАЦИИ
ЛИЧНОСТИ БУДУЩИХ МЕДИКОВ
SPECIFICITY OF FORMATION OF THE PROTECTION AT DIFFERENT LEVELS OF
ORGANIZATION OF THE PERSONALITY OF STUDENTS OF MEDICAL COLLEGE

Хриштакян Ю., Хахина А.М., Варганова А.В. Медицинская психофизиология

ВАЛЕОЛОГИЧЕСКИЕ АСПЕКТЫ ИНФОРМАТИЗАЦИИ
VALEOLOGICAL ASPECTS OF INFORMATION

Быстров М.С., Хахина А.М., Варганова А.В. Медицинская психофизиология

К ВОПРОСУ О ВЛИЯНИИ БЕСПРОВОДНЫХ СЕТЕЙ НА ЗДОРОВЬЕ ЧЕЛОВЕКА
TO THE QUESTION ABOUT THE IMPACT OF WIRELESS NETWORKS ON
HUMAN HEALTH

УДК 159.8+316.24+37

ФОРМИРОВАНИЕ ЭКОЛОГИЧЕСКОГО МИРОВОЗЗРЕНИЯ
У СТУДЕНТОВ КОЛЛЕДЖА

*Голод Н.В.
Санкт-Петербург, Россия,
СПбГБПОУ «Колледж отраслевых технологий «Краснодеревец»
nrpcn@gmail.com*

AN ECOLOGICAL WORLD VIEW FORMATION
AMONG STUDENTS OF THE COLLEGE

The category "worldview" includes the thesis of the ultimate generalization of the fundamental views on the world and the place of man in it and as the genetic code of the social organism, programs the life positions of large groups and individuals. Correctly using various methods of education, a College teacher can form an environmentally competent and educated person. Education of the personality of the future specialist is, along with training, the most important function of the system of modern professional education.

Key words: ecological Outlook, student, College, pedagogical approach

УДК 61

ОРГАНИЗАЦИЯ И МЕТОДЫ ГИГИЕНИЧЕСКОЙ ОЦЕНКИ ПИТАНИЯ ДЕТЕЙ И
ПОДРОСТКОВ С ОГРАНИЧЕННЫМИ ВОЗМОЖНОСТЯМИ ЗДОРОВЬЯ

*Лужнова К. Н., Емельянов В.Д.
Россия, Санкт-Петербург
РГПУ им. А. И. Герцена
lunina.ks43@gmail.com*

ORGANIZATION AND METHODS OF HYGIENIC ASSESSMENT OF THE NUTRITION
OF CHILDREN AND TEENAGERS WITH SPECIAL NEEDS

The article presents the results of the research of the eating habits and the hygienic assessment of the nutrition of children and teenagers with physical and mental disabilities. Hygienic assessment of the nutrition of children with special needs is based on various features of diseases: mental retardation, hearing and vision impairments, speech difficulties etc. According to the research, nutrition has to increase children's adaptive capacity and the level of health.

Key words: methods of hygienic evaluation of food, nutrition of children with disabilities, catering to Oh, advice on nutrition, sanitary control of food.

УДК 159.94+373.3

ОСОБЕННОСТИ ТОРМОЗНОГО КОНТРОЛЯ ПЕРВОКЛАССНИКОВ
С РАЗНЫМ УРОВНЕМ ШКОЛЬНОЙ УСПЕВАЕМОСТИ*

*Буркова С.А., Широкова И.В.
Россия, Санкт-Петербург
Российский государственный педагогический университет им. А.И. Герцена,
burkova_sa@bk.ru, iren04ka@mail.ru*

**Работа поддержана грантом РФФИ № 17-06-00-166*

FEATURES OF BRAKING CONTROL OF FIRST-CLASSES
WITH DIFFERENT LEVEL OF SCHOOL PERFORMANCE

This study is an attempt to justify the connection of performance at the first stage of school education with the features of psycho-physiological regulation, namely with the work of inhibitory control, which includes both self-control and interference control. We have assumed that the formation of inhibitory control, which provides the function of controlling cognitive mental processes, may be a predictor of the performance of a first-grader. During the course of the study, using questionnaires of primary school teachers and psycho-physiological methods for assessing simple and complex sensorimotor reactions, we obtained data confirming this assumption.

Key words: younger students, school performance, executive functions, brake control, arbitrary processes.

УДК 61+612.821

АНАЛИЗ КРОВИ КАК ПОКАЗАТЕЛЬ
ПСИХОФИЗИОЛОГИЧЕСКОГО ФУНКЦИОНАЛЬНОГО СОСТОЯНИЯ

*Булгакова О.С.
Россия, Санкт-Петербург,
Научно-практический центр «Психосоматическая нормализация»
nrpcn@gmail.com*

BLOOD AS AN INDICATOR PSYCHOPHYSIOLOGICAL FUNCTIONAL STATE

The article describes the method of determining the changes in psychophysiological functional state, based on the analysis of blood (morphological, biochemical, gas and the number of trace elements). A practical example of the method application is given.

Key words: acute and chronic stress, blood test

УДК 612.821

ПРИОРИТЕТ ФОРМИРОВАНИЯ ЗАЩИТ
РАЗНОГО УРОВНЯ ОРГАНИЗАЦИИ ЛИЧНОСТИ БУДУЩИХ МЕДИКОВ

*Варганова А.В.
Россия, Санкт-Петербург,
ГБОУ ВПО ПСПбГМУ им. И.П.Павлова
nrpcn@gmail.com*

SPECIFICITY OF FORMATION OF THE PROTECTION AT DIFFERENT LEVELS OF
ORGANIZATION OF THE PERSONALITY OF STUDENTS OF MEDICAL COLLEGE

Students in the medical College use only active protection. Active protection of each level of the organization of the individual was selected by the entire sample without exception. Priority protection could not be singled out, there were no significant differences in the choice of protection of different levels of organization of the individual. This proves the professional suitability of this

cohort of the population for professional activities. They will be ready to make decisions in time-limited situations, to take responsibility and to act actively.

Keywords: students of medical College, aptitude, protection of different levels of organization of the individual.

УДК 612.821+61

ВАЛЕОЛОГИЧЕСКИЕ АСПЕКТЫ ИНФОРМАТИЗАЦИИ

*Хриштакян Ю., Хахина А.М., Варганова А.В.
Санкт-Петербургский политехнический университет Петра Великого
Институт компьютерных наук и технологий
nrcpcn@gmail.com*

VALEOLOGICAL ASPECTS OF INFORMATION

Today the problem of a healthy lifestyle becomes more and more urgent not only in Russia, but also around the world. Diseases become more and more, old viruses mutate, medicines cease to help. Medicine today plays the role of the science of diseases, but can hardly answer the question of how a person is not just not sick, and stay healthy? This question also puzzled Israel Brekhman-Soviet scientist, doctor of medical Sciences, who introduces in the middle of the twentieth century, a new term “valeology” – the General theory of health.

Key words: health, healthy lifestyle

УДК 61

К ВОПРОСУ О ВЛИЯНИИ БЕСПРОВОДНЫХ СЕТЕЙ НА ЗДОРОВЬЕ ЧЕЛОВЕКА

*Быстров М.С., Хахина А.М., Варганова А.В.
Санкт-Петербургский политехнический университет Петра Великого
Институт компьютерных наук и технологий
nrcpcn@gmail.com*

TO THE QUESTION ABOUT THE IMPACT OF WIRELESS NETWORKS ON HUMAN HEALTH

Wireless technology has long been a part of everyone's life. After all, wireless networks are now used everywhere, from important and significant for us (cellular mobile phones; Internet connection, using Wi-Fi) to simply convenient by type of sound transmission from the device to the headphones without using wires using Bluetooth technologies, payment for goods in the store with one touch, using NFC technology. Every day we use wireless technology without even thinking about it, it has become commonplace for us. That is why it is necessary to understand how safe this operation is for each of us.

Keywords: wireless networks, health